

ROUTE DESCRIPTION

TT20 (over 18s only)

Unchanged, this remains the same challenging and rewarding walk that has been held over the lesser walked and attractive area of the Brecon Beacons since 1978. It features a total ascent of 4,500 feet.



TT10 (adult or child)

This shorter walk includes ~1500 feet of total ascent and has been designed to appeal to all ages, avoiding the highest points, but maintaining beautiful scenery. It is suitable for families, youth groups and less ambitious walkers. The route will be marshalled and a route description given on the day.



WE ENCOURAGE YOU TO RAISE FUNDS (INDIVIDUALLY OR AS A TEAM)
FOR YOUR PREFERRED CHARITY BY GETTING SPONSORED

PRE-ENTRIES MUST BE SIGNED AND RECEIVED BY:

Saturday 23rd September 2017

Entries are limited to 500

See overleaf for entry fees and information on how to enter

Contact email for queries: jackieroberts30@hotmail.com

TALYBONT TRIAL WALKS



Saturday 7th October 2017



www.talybontonusk.com

TWO OPTIONS:- TT '20' MILE or TT '10' MILE
Organised jointly by NEWPORT OUTDOOR GROUP (YHA)
& BRECON MOUNTAIN RESCUE TEAM

find us at: <http://www.challengewalks.org.uk>

visit the Newport Outdoor Group website at:
<http://www.newportoutdoorgroup.co.uk>

Staying over? The attractive area of **Talybont-on-Usk** makes a great base for the walk, and accommodation is available in the area
- Contact Talybont-on Usk Tourist Information on 02921 251009

TALYBONT TRIAL WALKS - SATURDAY 7TH OCTOBER 2017

KEY INFORMATION, TERMS AND CONDITIONS

The start and finish point is **Community Hall, Talybont-on-Usk, Brecon, Powys LD3 7YQ, (GR 113 229)**, where parking is generally available. Please allow good time for the registration process. See below for Registration/Start times.

- Each entrant will be given a check-card at the start of the walk which should be handed in at each checkpoint.
- All walkers forced to retire are asked to do so **at a checkpoint**, if at all possible. Emergency telephone numbers will be included on your check card.
- All entrants including retirees and disqualifications en-route (hopefully none) **must check in at the finish before leaving for home**. Failure to do so will cause the organisers and Rescue Team undue work and worry ensuring you are off the mountains safely.
- Certificates will be awarded to all finishers.
- There is public liability insurance in force. The route requirements below are necessary to comply with the Adventure Activities Licensing Regulations 1996.
- The Entry Form must be signed.**
- Please note that on the day of the walk, and for safety reasons only, you will be asked for your mobile telephone number (if you have one) and the vehicle registration number in which you travelled to this event.

8. Entrants who have not reached the refreshment point by 16:00 will be asked retire

ROUTE REQUIREMENTS

	TT20	TT10
Registration	7am to 8am only	9am to 9.30am only
Start Time	8am to 8.30am only	9.30am to 10am only
Maps	OS 1:50,000 sheet 160 & 161 or 1:25,000 Explorer OL12 & OL13	OS 1:50,000 sheet 161 or 1:25,000 Explorer OL12 & OL13

Essential equipment for all entrants - suitable outdoor clothing, waterproof jacket & trousers, hat & gloves, boots/fell shoes

Additional Equipment - map, compass, torch, first aid kit (simple), pen/pencil and whistle

TT20= all entrants must carry all of the above equipment, even if in a group.

TT10= all entrants participating as individuals must carry all of the above equipment

For TT10 entrants participating in a **group**, it is permissible that the additional equipment be shared within the group, under the control of a responsible individual (but you still need your own suitable outdoor clothing, boots etc!).

Eligibility: Under 18s **MUST** be accompanied by a parent/legal guardian/responsible adult.

TT20= adults only, no under 18s. Entrants MUST be 18 or over on day of walk.

TT20 route is as follows: (from 2015 it will be **clockwise** only)

Checkpoint	Grid. Ref	ETA	Checkpoint	Grid. Ref	ETA
1. Talybont	113 229	08:00	5. Pant y Craigau	056 162	14:00
2. Tor y Foel	115 194	09:00	Refreshments	052 172	14:00
3. Chartists' Cave	127 152	11:15	6. Craig Pwllfa	066 202	15:45
4. Trig Point	087 137	12:30	7. Talybont	113 229	17:30

R = Refreshment point (biscuits, squash and spare water)

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HOW TO ENTER

Read the terms and conditions, then complete the application form below.

One entrant per form (even if you are entering as part of group)

Write out your cheque made payable to **Newport Outdoor Group**

ENTERING AS AN INDIVIDUAL. TT20: £15 in advance, **£20** on the day (per person)

TT20: (adult or child) £8 in advance, **£12** on the day (per person)

Entering as a Group (TT20) - pre-entry only: 3 people **£40**; 4 people **£55**; 5 people **£65**;
each additional entrant **£12** each

MANDATORY INFORMATION - YOU MUST SUPPLY ALL DETAILS HERE:

Choice of Route (please tick one)

TT10

TT20

NAME: _____

ADDRESS: _____

POST CODE: _____

e-mail address: _____

Contact tel. number: _____

TT20: I confirm I will be over 18 years on the date of the walk. I confirm I will observe the event instructions and follow the Countryside Code. I believe myself to be medically fit enough to undertake this strenuous activity.

SIGNATURE _____

TT10: Required of parent/legal guardian for entrants under 18 years necessary to grant consent to participate in the TT10. I believe this entrant is medically fit enough to take part in this strenuous activity

SIGNATURE _____

OPTIONAL - you don't have to supply this information, but it would assist the organisers if you did:

Emergency contact name & tel no. _____

Any known medical conditions _____

Names of others in party (if any) _____

Please complete and SIGN the above, then tear off this half of the form and send to:
Newport Outdoor Group, 22 Garrick Drive, Thornhill, Cardiff. CF14 9BG

+++ Enclose a small SAE for entry confirmation +++

CHEQUE(S) ENCLOSED FOR.....ENTRANT(S). TOTAL VALUE OR CHEQUE(S) £.....