Where Ravens Dare Challenge Walk – 07.10.17

**EVENT DETAILS**:

A visually spectacular autumnal walk of either 26.6, 23 or 15.5 miles in the eastern valleys of South Wales. The walk will go onto open moorland and through and above ancient woodlands. Views of The Brecon Beacons, the South Wales Valleys, Exmoor and the ancient forest of Wentwood will be experienced on this route that will take walkers to Mynydd Machen, Twmbarlwm, Mynydd Maen and Mynydd y Lan. This event is organised by the South Wales group of the Long Distance Walkers Association and is open to non-LDWA members.

Route descriptions will be available to download from the South Wales LDWA website and will also be emailed to entrants one month prior to the event date. GPX tracks will also be available for use.

NEW ROUTE FOR 2017 = 23 Miles

**START:** Machen Village Hall, Machen, near Caerphilly – easily accessible 5 miles NW of junction 28 on the M4 (directions on our website) Free car parking is provided. Landranger Map 171, GR ST 210 890. Postcode: CF83 8ND

**REGISTRATION:** From 7:00 am.

**START TIMES:** 8am for walkers on 26.5 & 23 mile routes. 9am for runners on 26.5 mile route and 9am for all entrants on 15 mile route.

**TIME LIMIT:** All to finish by 19:00 please. Checkpoint cut off times WILL be enforced.

**ENTRY FEE:**

**26 Mile Route:** Pre entered LDWA members **£9.00**, Non LDWA members **£14.00.**

**23 Mile Route:** Pre entered LDWA members **£9.00**, Non LDWA members **£14.00.**

**15 Mile Route:** Pre entered LDWA members **£7.00**, Non LDWA members **£12.00**.

Entries On the Day - £15 LDWA members / £20 Non LDWA members

**APPLICATIONS:** Entries can be made via SI Entries. See below for more information. Alternatively use this form for postal entries and either enclose a SAE or email address for confirmation of entry.

**RULES OF THE EVENT**

1. **ENTRIES:**  Can be made on the official entry form. Send the form with a cheque payable to “**LDWA South Wales Group**”. **Please enclose a SAE if you don’t have an email address.**
2. **EVENT IS OPEN TO:** All persons aged 18 years or over on the day. Younger entrants are welcome on the event but they must have their entry form signed, and be accompanied by their parent or legal guardian.
3. **ROUTE DESCRIPTIONS:** Will be available on the event website approximately two weeks prior to the event. GPX tracks of the route will also be available on-line. The route descriptions are provided to assist those entrants who are not completely confident in their ability to self-navigate. Please do not climb fences or walls, take shortcuts, or trespass.
4. **RETIREMENTS:** If you cannot complete your chosen distance, and it is essential that you retire, then the organisers will make arrangements to collect you**. We would urge you to consider the route distance when you enter the event.** The emergency telephone number will be made available on the day of the event.
5. **CHECK-IN AT THE FINISH:** All entrants, including retirees, must check in at Machen Village Hall before journeying home so that we account for everyone’s safety.
6. **EQUIPMENT:** All entrants must carry the following items:-

* OS Landranger Map 171 (or OS Explorer 152),
* Route Description

This must be the **official** route description of the event and can be in:

Paper form and kept waterproof.

**OR**

An electronic version provided durability and adequate power supply can be demonstrated if requested by a marshal.

* A full set of waterproofs that cover the whole body.
* An additional upper body layer to be worn or carried e.g. Long-sleeved Base Layer / Fleece.
* Hat & Gloves.
* Trousers to be carried if shorts are worn and can include tracksters / running tights **AND** waterproof trousers. The purpose of carrying trousers is to enable an entrant to remain warm when the temperature drops. Entrants should bear in mind that if the weather changes or they suffer an accident that they must be able to dress appropriately as the temperature can drop significantly, even in autumn.
* Compass with a dial and this can include an electronic device provided adequate power can be demonstrated if requested by a marshal.
* A whistle.
* A survival bag or space bag (not a space blanket).
* First Aid kit, which at a minimum must include plasters, adhesive dressing, antiseptic wipes, fixation tape and low adherent dressing.
* Emergency food.
* A sealable drinks container, minimum size 0.5 litre.

**THIS IS A MOUNTAINOUS EVENT AND THE EQUIPMENT LISTED ABOVE IS THE MINIMUM THAT WE WOULD EXPECT YOU TO CARRY.**

1. **MUGS: Please bring a mug for breakfast / checkpoint / finish drinks.**
2. **DOGS:** Dogs are allowed but owners must be able to produce evidence that the animal is insured if required to do so by a marshal.
3. **SAFETY:** The organisers reserve the right to refuse entry, require an entrant to retire on safety or other grounds, postpone or cancel the event if weather conditions are bad, disqualify an entrant for infringing the Country Code, or taking shortcuts over fences or farmland off the right of way.

**COUNTRY CODE:** Be safe, plan ahead and follow any signs. Leave gates and property as you find them. Protect plants and animals and take your litter home. Keep dogs under close control. Consider other people.

Please understand that the personal information submitted as part of this entry form will be held by the event organisers for a period of up to two years after the event is held for the purposes of managing this event only. Please understand that photographs are likely to be taken at the event, which may be featured in Strider magazine or on LDWA websites. In addition, the Summary Information\* may be published immediately and may be held in perpetuity for the purposes of providing a record of the event. You will have the right to request that all my personal Summary Information is anonymised, should you so request.”

\*Summary information is limited to the participant’s name, age, gender, postal town, email address, LDWA membership number, event name and date, distance covered, time recorded as well as any other linked walking achievement.

**ON LINE ENTRY IS AVAILABLE AT:**

[**https://www.sientries.co.uk/event.php?event\_id=3266**](https://www.sientries.co.uk/event.php?event_id=3266)

**This form is to be completed for postal entries only, otherwise enter on-line as detailed above.**

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| --- | --- |
| Last Name: |  |
| First Name: |  |
| Address: |  |
| Email Address: |  |
| LDWA No: |  |
| Emergency Contact No: |  |

Route – Please tick:

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| --- | --- | --- | --- | --- | --- |
| **26** |  | **23** |  | **15** |  |

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| **I agree to the Rules of the Event and understand that no liability is accepted by the South Wales LDWA for any injury, damages or loss sustained by me during “Where Ravens Dare” event, or in connection with the event.** | Signed: |

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| **Please send this completed entry from to the Entries Secretary:**  **Alwyn Nixon, Hen Dafarn, Mansons Cross, Monmouth, NP25 5RE** |