

# Spires & Steeples Challenge 2016

Sunday 16<sup>th</sup> October



## Run or Walk

**26 miles** from Lincoln to Sleaford

**13 miles** from Metherringham to Sleaford

The Spires & Steeples Challenge is a successful charity run or walk following the public footpaths and bridleways along the Spires and Steeples Arts & Heritage Trail. This multi-terrain course showcases the stunning scenery, artworks and church architecture across the beautiful Lincolnshire countryside.

## ENTRIES ARE NOW OPEN!



Contact us for more information

t 01522 694353

e Donna.Sutton@1ife.co.uk

Online entry [runnersworld.co.uk/spiresandsteeples2016](http://runnersworld.co.uk/spiresandsteeples2016)

 Spires and Steeples Challenge

 @Spires\_Steeples #Challenge16

[1Life.co.uk/spiresandsteepleschallenge](http://1Life.co.uk/spiresandsteepleschallenge)

**1Life**  
Live more. Live well.

# How to get involved...

With four options available we have something for everyone to get involved in. If walking or running isn't for you, why not join our keen and motivated team of volunteers to help marshal on the day!

## How much does it cost to take part?

- 26 Mile Walk & Run: £18 (Entry on the Day: £21)
- 13 Mile Walk & Run: £15 (Entry on the Day: £18)

All finishers of the challenge will receive a medal and certificate to mark their achievement.

To help you plan your day, we offer a transport service from Sleaford on the morning of the event to the start locations in Lincoln and Metheringham for only £5 per person (to be booked on entry).

With five checkpoints/refreshment stations along the way and first aid cover through St John Ambulance, you will be in good hands!





# Spires & Steeples Challenge Application

## 16th October 2016

Title	Full Name
Date of Birth	
Address	
Email Address	
Mobile Number <i>(that will be carried on the day)</i>	
Emergency Contact Name	
Emergency Contact Phone Number	

Which option would you like to enter?	How long do you think it will take you to complete the route?
26 Mile Run (£18) <input type="checkbox"/>	26 Mile Walk (£18) <input type="checkbox"/>
13 Mile Run (£15) <input type="checkbox"/>	13 Mile Walk (£15) <input type="checkbox"/>

Would you like to book transport to the start for an additional £5?    Yes     No

The official Spires and Steeples booklet is available to purchase for £1.50. If you would like us to send you one on receipt of your entry, please include the fee and tick here

Payment – Please make cheques payable to ‘Leisure in the Community’  
Total amount enclosed:

I confirm that I am medically fit to take part in this event. Furthermore, I agree that the organisers will in no way be held responsible for any injury, loss or illness caused to my person during or as result of this event.

Signed..... Date.....

**Please note:** You must be aged 16 years or over to take part in the 26 mile run. We will allow children between the ages of 14-16 years to take part in the walks and the 13 mile run, but they must be accompanied by an adult and have written permission from their parent/guardian. Leisure in the Community will not pass on your details to any third party.

If after entry you are unable to take part or if the challenge is cancelled due to circumstances beyond the control of the organisers, applicants will not be eligible for a refund.

To protect the environment and avoid excessive printing, we would like to keep in contact with you through email. If you require your participant information pack to be sent to you in the post, please tick here

How did you hear about the Spires and Steeples Challenge?

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**PLEASE RETURN THIS FORM BY  
MONDAY 10TH OCTOBER 2016 TO:**

Donna Sutton (Events Manager)  
Natural World Centre, Whisby Nature Park,  
Moor Lane, Thorpe on the Hill,  
Lincolnshire, LN6 9BW



In aid of:

Leisure in the Community Ltd working in partnership to develop and deliver high quality leisure services in North Kesteven.