



# WEST YORKSHIRE LDWA



## ONE FOOT IN THE GARGRAVE CHALLENGE WALK 8.30am SATURDAY 10th SEPTEMBER 2016. 23 miles.

Please enter me for the above event. I have read and agree to abide by the rules of the event and to observe the Country Code at all times.

I confirm that I am in good health and have no medical condition that may cause undue concern or inconvenience to others. I understand that I participate at my own risk and that no liability is accepted by the organisers for any injury, damage or loss sustained by me during the event.

Under 18's must signify accompanied by parent/legal guardian & parent/legal guardian must countersign.

Tick as appropriate    Male     Female     Walker     Runner     Vegetarian

Name (as to appear on certificate).....

Address .....

Town .....

Post Code ..... Telephone ..... Mobile .....

Emergency Contact Number ..... Email .....

The entry fee is £7 (£9 Non LDWA members). Entries on the day £10.

SI entries £8. SI entries to A/C No. 16132919 Sort Code 05 06 71.

Included are drinks and snacks supplied on the route and a hot meal (vegetarian option) at the finish.

Entries not accompanied by an entry form (or photocopy) and the correct remittance will be returned.

Please send your payment for acknowledgement and route description to:

The Entry Secretary, 29, Mostyn Avenue, Earby, Barnoldswick, Lancashire, BB18 6PA.

Enclosed cheque value £ ..... Please make cheques payable to LDWA West Yorkshire.

Please note no dogs allowed inside the Village Hall.

Entries will be restricted to the first 200 and will be closed when this maximum is reached.

Signed ..... Date .....