

# Ready to go over the top



## SCARBOROUGH ROCK

Scalby, Nr Scarborough, North Yorkshire

## Scarborough Rock Winter Challenge

24 miles and 16 miles Entry fee: £7.00 (Entry on the day £10.00)

**Saturday, January 10, 2015 Start time 08:30**

One of the longest established and definitely one of the classic British challenge walks. The Rock has been a traditional start to the walking year for generations of long-distance walkers - a panoramic route to awaken the senses and shake off any effects of Christmas and New Year indulgences.

A mass start at 08:30 with registration from 07:00. Then it's over the hill, along the cliff top and over the beaches before the hill, forest, farmland and moorland views.

The minimum kit required is Map O/S Explorer OL27, compass, waterproofs, first aid kit and **MUG ( no mug no drink)**.

Please enter before the day if you can as it makes the organisation much easier. A last minute rush puts a particular strain on the catering arrangements.

Entry fee includes badge, certificate and refreshments during and after the walk.

Entries to:

**Scarborough Rock 2015**  
**7 Pickering Park**  
**Middleton on the Wolds**  
**YO25 9TY**  
**Tel: 07927279485**

e-mail: [eyldwasr@gmail.com](mailto:eyldwasr@gmail.com)

All cheques should be made payable to East Yorkshire L.D.W.A. Only one entry per form please. Please enclose 2 SAE (4" x 9" minimum) for acknowledgement and results sheet (replies and results can be e-mailed - if you wish to receive them this way do not send an SAE but fill out the email slot clearly). Name changes must be notified at registration.

Start	SCALBY VILLAGE HALL	013905
C/P 1	ABOVE SEA LIFE CENTRE	035908
C/P 2	CASTLE	048891
C/P 3	OLIVERS MOUNT	039870
C/P 4	BELOW JACOBS MOUNT	024871
C/P 5	FORGE VALLEY	985875
C/P 6	BROXA (Long Route)	945915
C/P 7	REASTY BANK (Long Route)	964943
Finish	SCALBY VILLAGE HALL	013905

## EAST YORKSHIRE LDWA

Scarborough Rock 2015 entry form



Name .....

Date of Birth (if under 18) .....

Male ☐ Female ☐ Walker ☐ Runner ☐ Vegetarian ☐

Address.....

Email Address .....

Telephone No.....Mobile .....

Telephone Contact Number in case of Emergency.....

LDWA Number.....LDWA Group Name .....

Any medical condition/information (in strict confidence) which may be relevant in case of accident

**This is obligatory.** I agree to abide by the rules of the event and to observe the Country Code at all times. I have sufficient knowledge, experience, equipment and navigational skills to take part in a long distance walk in all conditions. I confirm that I am in good health and have no medical condition that may cause undue concern or inconvenience to others. I confirm that I participate at my own risk and that no liability is accepted by the organisers for injury, damage or loss sustained by me before, during or after the event. I will be over 18 years old on the day of the event. I understand that particular rules may apply to entrants taking part in this event and I undertake to make myself aware of these rules before I start.

Signed.....Date .....

Name of person responsible for entrant if under 18 years old

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